

Winn Farmers' Market

Volume 5

August 2-8, 2010



Our Hours

The Winn Farmers' Market is located at the corners of Main and St John Streets in Winnfield, Louisiana. The Market is now open on Tuesday, Thursday, Friday and Saturday from 7:30 a.m. until 11:30 a.m. As the mercury in the thermometer rises and weekly rainfall amounts diminish produce availability at the Winn Farmers' Market slows to a crawl. The market will remain open every Tuesday and Friday as produce is available. Be sure to shop early for the best selection

Tuesday's Market:

The Tuesday Market for August 3, 2010 will include cucumbers, eggplant, okra, assorted peppers, purple hull peas and squash.





Friday's Market

The Friday's Market for August 6, 2010 will include, 2010 will include cucumbers, eggplant, okra, assorted peppers, purple hull peas and squash. The market will also have a large assortment of chow-chow honey, jellies, jams and preserves. Some of the flavors include blackberry, blueberry, dewberry, huckleberry, Mayhaw, pepper and peach.

Friday's Market Recipe

Fresh Okra Succotash

Ingredients:

- 1 quart okra, washed and sliced
- 1 cup young fresh lima beans
- 1 cup fresh corn kernels
- 3 large tomatoes
- 1 tablespoon butter
- 1 teaspoon salt
- 1/4 teaspoon black pepper

Preparation:

Peel and seed tomatoes; cut into small pieces and place in a large, non-reactive sauce pan, stock pot or Dutch oven. Add sliced okra, salt and pepper. Cover the pot and simmer gently for 15 minutes. Add lima beans; simmer for another 15 minutes, then add the corn. Cook 20 minutes longer; add butter and stir. Serve as a side dish.

The business office for the Winn Farmers' Market is located at 301 West Main Street, Suite 210. Please be sure to visit us at our blog and our website. Or Blog address is <http://winn-farmersmarket.blogspot.com/> Our website is <http://winnfarmersmarket.shutterfly.com/> If you would like additional information on any item in this newsletter contact the Winn Farmers' Market at 301 West Main Street, Suite 210 in Winnfield, LA 71483 or you can reach us via phone at (318) 628-4438, Fax at (318) 628-1802 or by emailing us at dugswcd@bellsouth.net

IN THE NEWS

We are currently looking for producer in Winn and surrounding parishes that are interested in participating in the market. Whether you farm part-time or full time if you have items such as fruits, vegetables, nuts, baked breads, freshly made pies, bedding plants, dairy products, freshly cut flowers, cookies, jellies, jams, seafood, yard eggs or fresh meats and are interested in becoming a member or a vendor please call our office or stop by the market. The business office for the Winn Farmers' Market is located at 301 West Main Street, Suite 210. We are open Monday- Wednesday from 9:00 a.m. to 5:00 p.m.



In recent weeks, the U.S. Department of Agriculture Natural Resources Conservation Service introduced an aggressive initiative to try to increase habitat alternatives for birds migrating south to areas potentially impacted by oil. Implemented in an eight-state region, the Migratory Bird Habitat Initiative (MBHI) offers landowners an opportunity to join ranks throughout the flyway to help migrating birds. Louisiana's Natural Resources Conservation Service (NRCS) State Conservationist Kevin Norton said Louisiana's agricultural producers responded to the initiative by signing up in record numbers, and he provided an update on progress. "We are grateful and proud of Louisiana's farmers and landowners for stepping up to help with an issue that is of such great importance to the state and nation," said Norton. "As of today, we have received 1,472 applications from landowners wanting to enroll more than 302,000 acres in this initiative."

"Because of the tremendous response to this initiative, NRCS in Louisiana began ranking and evaluating applications on a weekly basis on June 28," said Norton. "The next evaluation pool will close on July 21, followed by another evaluation pool closing on July 23—one week before the August 1 cutoff date." In order to have an application considered in the July 23rd application pool, applications must be received by an NRCS field office by 4 p.m. on Friday, July 23, 2010.

"There is more interest in participating in the initiative than available funding," said Norton. "Although the next priority ranking of applications will begin July 23, the application period will remain open until August 1st to ensure everyone interested in participating has a chance to be part of this initiative and to make certain all available land has been identified so we can make the right ranking decisions." The initiative encompasses portions of Alabama, Arkansas, Florida, Georgia, Louisiana, Mississippi, Missouri, and Texas. Priority areas in Louisiana are in Acadia, Allen, Avoyelles, Beauregard, Calcasieu, Caldwell, Cameron, Catahoula, Concordia, East Carroll, Evangeline, Franklin, Iberia, Jefferson Davis, Lafayette, Madison, Morehouse, Natchitoches, Ouachita, Pointe Coupee, Rapides, Richland, St. Landry, St. Martin, St. Mary, Tensas, Vermilion, and West Carroll Parishes.

NRCS in Louisiana will provide support to landowners through two components – one for private agricultural lands and another for lands enrolled in NRCS' Wetlands Reserve Program (WRP).—Through the agricultural lands component, NRCS will provide payment incentives for flooding existing farmed wetlands, prior-converted croplands, or other lands that can provide immediate habitat. The WRP component addresses food habitat needs for species expected to be significantly impacted on WRP easement land. It will provide habitat features that are appropriate for the area and habitat management methods that are not currently in use.

In addition, NRCS is using its Environmental Quality Incentives Program and the Wildlife Habitat Incentive Program to help producers enhance habitat by flooding fields and establishing or maintaining vegetation for cover and food. NRCS is working with several partners including the U.S. Fish and Wildlife Service, the National Fish and Wildlife Foundation, Ducks Unlimited, USA Rice, and the National Cotton Council.

NRCS is a technical agency of the United States Department of Agriculture that works one-on-one with America's farmers and ranchers, primarily on privately-owned lands, to help them in their efforts to improve and protect the natural resources. NRCS is celebrating 75 years of helping people help the land. Since 1935, the NRCS conservation delivery system has advanced a unique partnership with state and local governments and private landowners delivering conservation based on specific, local conservation needs, while accommodating state and national interests.